



SOUTH WEST
norse

Fresh Ideas Feeding Minds



Spring/Summer

Menu 2025



Introducing our Spring/Summer School Lunch Menu, offering **high quality**, varied dishes using **local** and **seasonal** ingredients where possible!



Did you know?

All poultry, pork and beef we use are traceable right back to the farm and, where possible, sourced from **Devon & Cornwall** suppliers.

We use **wholewheat** flour in our bread and pastry recipes! In addition to this menu, we offer a number of **themed menus** to celebrate holidays and seasonal events —please check details with your school.



Allergens for this menu are available in the School Kitchen and with catering@swnorse.co.uk

Should your child have a medically-diagnosed allergy or health condition and needs an alternative menu, please complete our Special Diet Registration Form which can be found in the school

If you think your child/children may be eligible for a **FREE** school meal visit www.gov.uk/apply-free-school-meals



www.swnorse.co.uk

Please note the menu may be subject to change to meet local needs.




1	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Margherita Pizza with Potato Wedges (v)	Sweet and Sour Chicken with Noodles	Roast Turkey with Stuffing, Roast Potatoes and Gravy	Sausage Pinwheel & Herby Diced Potatoes	Fish Fingers or Salmon Fingers & Chips
Hot Option 2	Sweet Potato and Lentil Curry with Steamed Rice (v)	Cheese and Tomato Pasta Bake & Crusty Bread (v)	Lentil Roast with Stuffing, Roast Potatoes and Gravy (v)	Plant-based Sausage Pinwheel & Herby Diced Potatoes (v)	Golden Veggie Goujons & Chips (v)
Jacket Potato	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw
Served with	Sweetcorn	Mixed Vegetables	Carrots and Green Beans	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Beetroot Brownie	Flapjack with Orange Wedges	Fruit Jelly	Shortbread Biscuit
Packed Lunch + pudding of the day	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices

Week One: 21 Apr | 12 May | 9 Jun | 30 Jun | 21 Jul | 15 Sept | 6 Oct



2	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Mac n Cheese & Crusty Bread (v)	BBQ Chicken with Steamed Rice	Honey Roast Gammon with Roast Potatoes & Gravy	Meatballs in Tomato Sauce with Pasta	Fish Fingers & Chips
Hot Option 2	Cheese and Tomato Pasta Bake (v) & Crusty Bread	Sweet and Sour Plant Balls with Steamed Rice (v)	Vegemince Cottage Pie & Gravy (v)	Plant-based Sausages in Tomato Sauce with Pasta (v)	Vegetarian Enchilada & Chips (v)
Jacket Potato	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw
Served with	Mixed Vegetables	Sweetcorn	Peas and Carrots	Mixed Salad	Peas or Baked Beans
And for Pudding	Pip Organic Ice Lolly	Oaty Cookie	Toffee Cream Shortcake	Summer Berry and Apple Slice	Chocolate Shortbread with a Melon Wedge
Packed Lunch + pudding of the day	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices

Week Two: 28 Apr | 19 May | 16 Jun | 7 Jul | 1 Sept | 22 Sept | 13 Oct



3	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Option 1	Cheese and Tomato Pizza Swirl with Potato Wedges (v)	Lasagne & Garlic Bread	Sausages Yorkshire Pudding Mashed Potato & Gravy	Breaded Chicken, Lettuce and Mayo Wrap with Steamed Rice	Fish Fingers & Chips
Hot Option 2	Vegemince Bolognese with Pasta (v)	Loaded Bean Bake & Garlic Bread (v)	Plant-based Sausages Yorkshire Pudding Mashed Potato & Gravy (v)	Tomato and Courgette Frittata with Potato Wedges (v)	Cheesy Pinwheel & Chips (v)
Jacket Potato	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw	Cheese, Beans, Tuna Mayo or Coleslaw
Served with	Peas and Sweetcorn	Mixed Salad	Cabbage and Carrots	Crunchy Salad Sticks	Peas or Baked Beans
And for Pudding	Vanilla Ice Cream	Blueberry Cupcake	Carrot Cake	Chocolate Oatcake with Orange Wedges	Vanilla Crunch Bar with Apple Wedges
Packed Lunch + pudding of the day	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices	Ham or Cheese Sandwich Salad Sticks Fresh Fruit Slices

Week Three: 5 May | 2 Jun | 23 Jun | 14 Jul | 8 Sept | 29 Sept | 20 Oct

*Available Daily:
Fresh Salad, Bread & Drinking Water + Fresh Fruit or Yoghurt as Pudding Alternatives