



Intent

Our aim is for learners to reflect on their experiences and understand how they are developing personally and socially, tackling many of the spiritual, moral, social and cultural issues that are part of growing up. They learn to understand and respect our common humanity; diversity and differences so that they can go on to form the effective, fulfilling relationships that are an essential part of life and learning.

Implementation

In our school we choose to deliver P.S.H.E. using Jigsaw, the mindful approach, to provide pupils with the knowledge, understanding, attitudes, values and skills they need in order to reach their potential as individuals and within the community.

One lesson of PSHE will be taught each week. Each half term, children across the school will work on the following units of work, with each encounter increasing in complexity and reinforcing previous learning.

Autumn 1 Being Me in My World - Includes understanding my place in the class, school and global community as well as devising Learning Charters

Autumn 2 Celebrating Difference - Includes anti-bullying (cyber and homophobic bullying included) and diversity work

Spring 1 Dreams and Goals - Includes goal setting, aspirations and resilience building

Spring 2 Healthy Me - Includes drugs and alcohol education, self-esteem and confidence as well as healthy lifestyle choices on and offline

Summer 1 Relationships Includes understanding friendship, family and other relationships, conflict resolution and communication skills

Summer 2 Changing Me - Includes Sex and Relationship Education in the context of looking at and managing change

Objective are taught explicitly during P.S.H.E. lessons but they are also embedded through whole school events including assemblies and singing.

Sensitive and controversial issues are certain to arise in learning from real-life experience. Teachers are prepared to handle personal issues arising from the work, to deal sensitively with, and to follow up appropriately, disclosures made in a group or individual setting. Teachers will take all reasonable, practical steps to ensure that, where political or controversial issues are brought to pupils' attention, they are offered a balanced presentation of opposing views. Teachers will adopt strategies that seek to avoid bias on their part and will teach pupils how to recognise bias and evaluate evidence. Teachers will seek to establish a classroom climate in which all pupils are free from any fear of expressing reasonable points of view that contradict those held either by their class teachers or their peers.

All staff participated in Jigsaw training in order to enhance their PSHE delivery skills. Opportunities are provided for staff to identify individual training needs and relevant support is provided, drawing on staff expertise and external agencies available.

Impact

Conduct - Improving children's social skills to better enable collaborative learning. Enabling children to form effective, fulfilling relationships that are an essential part of life and learning.

Outcomes - Relaxing their bodies and calm their minds to prepare them for learning within the lesson, helping the brain to focus on specific learning intentions. Supporting them in reflecting on their learning and personal development.