



For Parents

Welcome to the September 2018 edition of the Scomis Online Safety Newsletter.

A recent review of Ofcom's 'Children and parents: media use and attitudes report 2017' identifies:

- 53% 3-4s go online for nearly 8hrs per week
- 66% 4-7s plays games for more than 7hrs per week
- 23% 8-11s have a social media profile
- 83% 12-15s have their own smartphone
- 90% 12-15s use YouTube
- Boys in each age group 5-15 spend more time playing games compared to girls

Read more: [Children-parents-media-use-attitudes-2017.pdf](http://www.ofcom.gov.uk/consult/condocs/childrenparents/childrenparents17/childrenparents17.pdf)

Have you considered implementing any of the following strategies at home?

- Setting Parental Control Tools
- Using YouTube Kids
- Applying age-based settings for Netflix
- Activating Safe Search for Google, Chrome
- Using browsers such as: Swiggle <http://www.swiggle.org.uk/>
- or Kidzsearch <https://www.kidzsearch.com/>
- Setting Parental controls for BT, TalkTalk, Virgin, Sky
- Establishing screen time limits
- Considered removing technology from the bedroom
- Blocking 'in-app' purchases

Review Internet Matters interactive videos and access age specific advice about what your children might be doing online and read their practical guides including:

Digital Resilience toolkit - checklists for parents that give you top tips on how to help them stay safe.

Navigating Secondary School – how to support children's digital development.

Parental Controls - step by step guides to help you set up the right controls and privacy settings <https://www.internetmatters.org/>

Need to talk to someone about Online Safety?

- Setting up parental controls
- Adjusting privacy settings
- Advice on social networks

Expert advice available (FREE)

O2 and NSPCC Helpline – 0800 800 5002

Young Children and Screen Time

Download South West Grid for Learning's guide for parents and carers:



<https://swgfl.org.uk/Uploads/57/579fcc5b-80e4-4dde-89a8-71a3c69cc1ed.pdf>

Visit PEGI's new website and find out more about:

- The PEGI age ratings
- How to limit and monitor children's online spending
- How to control access to internet browsing
- How to control access to online chat
- How to set the amount of time children can spend playing games
- Review age ratings for games



<https://pegi.info/>

Do you know what Livestreaming is?

Research published by Childnet finds:

Facebook Live, Instagram Live and YouTube Live are the most popular livestreaming services among 8-17 year olds.



Childnet's Digital Leaders have created top tips to help other children use live streaming services safely and responsibly.

Find out more and view the Infographic:

http://www.childnet.com/downloads/Young_peoples_top_tips_about_livestreaming.pdf

Is your child playing Fortnite?

Recommended age 13+

'Played on PlayStation 4, Xbox One, Windows, and Mac. Mobile version available.

Read Commonsense Media's [full review](#):

Review Wayne Denner's short video: [5 Fortnite Online Safety Tips for parents](#)

Keep up to date with the latest Social Media Apps:

NSPCC's Net Aware:

<https://www.net-aware.org.uk/>

**Don't forget:
Childline (0800 1111)**

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