

Summary of evaluation forms from 'Bring a Parent to Children's Mental Health' morning 1st February 2018

There were 73 evaluation forms submitted at the end of the morning. Thank you to all who could attend the morning.

1. **The information about how mental health for children is supported and taught in school was useful:** 38% agreed 60% strongly agreed
2. **I have a better understanding of how mental health for children is taught at WPPS:** 37% agreed: 60% strongly agreed
3. **I feel better equipped to support my child/ren with their learning in this area:** 53% agreed 42% strongly agreed
4. **I enjoyed seeing the activities in their classroom:** 14% agreed 84% strongly agreed
5. **I enjoyed sharing learning time with my child/ren:** 8% agreed 90% strongly agreed
6. **I am interested in attending similar events during the school day:** 23% agreed 75% strongly agreed

Please feel free to add a comment in relation to this event:

- Great to see how much is being done in this area at school!
- Fantastic, thank you! Loved sharing learning time with my children
- Great as ever!
- Great to see it's so important at the school.
- Really interesting morning, very useful!
- Brill presentation- well thought out. Well done Debbie.
- Lovely and informative morning. You do a great job in supporting my girl with her behaviour. You're all amazing 😊
- It's nice to feel included in my son's learning and actively seeing what he gets up to!
- Love being able to spend time with my child in their school environment- Thank you!
- A very well organised and useful session and activities with my grandson. Most enjoyable. Thank you.
- I feel that this is extremely relevant to my life at the moment. I feel relieved that my child has a safe place to express herself and be given the support I can't give at times. With your help I feel like I have the tools to be able to speak to my child and a better understanding. This morning has helped me highlight a few issues I'm currently having with myself. This is an amazing thing WPPS are doing and should be done in the future.

- Very informative presentation followed by an excellent range of activities in the classroom to support THRIVE/SEAL. Thank you I enjoyed coming along.
- Another informative morning. I love the opportunity to be able to be involved in these mornings and see my daughter in her class environment. Thank you.
- Lovely opportunity to see what my kids get up to in school! So much better than hoping they'll tell me!
- I feel there could be more understanding with mental health for everyone.
- Very important subject.
- Brilliant presentation. Informative. Well done.
- Only 'disagree' as already aware and use tactics shown. (*This parent disagreed with the statement 'I feel better equipped to support my child/ren with their learning in this area.'*)
- The school is very good at supporting the children. Very well equipped.
- I learnt so much today that mh is not a 1 size fits all and different ways on how to help and understand my children.
- Great to see the school being extremely pro-active about mental health. How they support the children and tools to use at home.
- I thought that the presentation was excellent and I have a much better understanding of how I can talk about such an important issue with my daughter. The school is excellent in supporting my daughter outside of all the academic requirements and I thank you all for that.
- I am so happy that my grandchildren attend such a wonderful caring school.
- Very interesting morning and was surprised to find out that it can take at least 45mins for a child to calm down. Really enjoyed the yoga that was in the class, will definitely be doing it at home.

Thank you for all of your kind comments. I am glad that you found the morning useful- Debbie Pickering

- So pleased that mindful techniques are being used and displayed in schools- so important for the development of a child. Another task which I feel is valuable is using 'emojis' faces as a way of expressing 'emotion.' This is a fun task for children and gives them an opportunity to talk about their feelings. [Thank you for your suggestion. I have shared this with all staff members- Debbie Pickering](#)
- I really feel passionate about teaching mental healthiness to my children and would appreciate any resources to help with this to be put on the website. Maybe an area dedicated to mental healthiness. [Thank you for your suggestion. I have been able to seek permission to upload most of the slides from the morning onto the school website. Please refer to the '10 a day' suggestions given and please do ask if there's anything else that you'd like information about. All of our staff will have ideas or feel free to come by the Squirrel classroom/make an appointment to see me if there's anything else you need- Debbie Pickering.](#)