



**WOODLANDS PARK PRIMARY SCHOOL**

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Headteacher: Mr S Bone

Admin 48

5 February 2019



Dear Parents

**Re: INCREDIBLE YEARS PARENTING SUPPORT PROGRAMME**

Thank you to those who have already returned the slip to confirm your attendance at the **Bring a Parent to Play** event on **Friday 15 February 2019**. During the morning Michelle Ridge and myself will show you the importance of play in a child’s development. We want to remind you of the ‘THRIVE’ principles and demonstrate some techniques to help your child get the most out of their play. We will be telling you about a new parenting workshop that we will run in the Summer term called ‘**Timid to Tiger**’. This is aimed at parents who have children showing anxious behaviours.

We have further exciting news! The school is hosting ‘**Incredible Years**’ sessions on Thursday afternoons. This course will be held in The Glade during the school day and run for 14 weeks. There will be two trained family workers from ‘Action for Children’ leading the workshops.

‘**Incredible Years**’ is a parenting programme designed to strengthen parenting skills, prevent and manage behaviour problems in children aged between 3 and 8 years old. The programme has been researched in America and England and proved to make a positive difference to children’s behaviour. An ‘Incredible Years’ leaflet is available in the school office. To qualify for the course you will need to have a child aged between **3 and 6 years old** in the home. I will need to complete a referral, adding brief information from yourselves about your reasons for accessing the service. Once ‘Action for Children’ have enough interested parties (completed referrals) they will be able to book a time to run the course.

This is a really exciting opportunity for parents to learn and reinforce skills to support them with their child’s challenging behaviours in the home. Please take advantage of the school hosting this valuable resource. You can show your interest for a space on the course by completing the slip below and I will telephone you to discuss a referral. If you prefer, please leave a message with the office or write me a note and I will endeavour to speak with you as soon as possible.

Kind regards

*Debbie Pickering*

SENDCo and KS1 Lead

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**To: Woodlands Park Primary School**

**Re: Incredible Years**

I would like to be considered for the Incredible Years programme and find out more information about it.

Name (print): .....

Contact No: ..... Best time to contact: .....



*Together we all discover, learn, grow and succeed*  
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