



WOODLANDS PARK PRIMARY SCHOOL

Abbot Road, Ivybridge, Devon, PL21 9TF. Tel: 01752 690046

Website: www.woodlandspark.devon.sch.uk

Email: admin@woodlandspark.devon.sch.uk

Headteacher: Mr S Bone

Admin 46

29 January 2019



Dear Parents/Carers

RE: RACE AT YOUR PACE - KID'S RUNNING CHALLENGE – FEBRUARY 2019

I am really pleased to announce that the Headteacher of Woodlands Park Primary School has agreed for the children in the Cross Country team to take part in the 'Race at your Pace' challenge for the month of February as part of their training. The entry fee of £7 will be paid for by the school from the PE Grant.

This is an excellent opportunity to help motivate the children throughout the cold winter months and to also reward them for their hard work – children love medals!

There are 4 distances for under 16's:

5 miles, 10 miles, 20 miles and 30 miles.

Currently in training the children run approximately 3 miles a week if not more, so could comfortably achieve the 10 mile challenge in school. One mile is 4 path laps of Woodlands Park. If some of the children would like to set a higher goal and run over weekends and during February half term to accrue more miles then I have attached a running record sheet and calendar for parents to plan the runs and record the distances signing each effort. All forms will need to be returned to me before the end of February and I will add this to the miles they have accumulated in school.

I am happy for the children to set realistic goals with their parents or myself but need to know the distance they wish to choose **by the morning of Thursday 31 January**. Once your child has selected their distance and the school has registered the children they cannot change the distance. All medals are engraved with the set distances above.

If you would like your child to benefit from this challenge then please complete the slip overleaf and return as soon as possible.

Kind regards

Cleo Perry

Admin Officer & EVH Running Leader



Together we all discover, learn, grow and succeed
Woodlands Park Primary School is part of the Westcountry Schools Trust which is a Limited
Company registered in England and Wales. Company Number: 07398467. Registered
address: Harford Road, Ivybridge, Devon, PL21 0JA



✂-----

To: **Woodlands Park Primary School**

Re: **RACE AT YOUR PACE – FEBRUARY CHALLENGE**

Child:

Class:

I give permission for the school to register my child's name and the selected distance with Race at Your Pace c/o the school's address.

My child would like to challenge themselves to (please tick accordingly):

<input type="checkbox"/>	10 miles	<input type="checkbox"/>	20 miles	<input type="checkbox"/>	30 miles
--------------------------	-----------------	--------------------------	-----------------	--------------------------	-----------------

Sign & Print Name:

Relationship to child:

Date:



RACE AT YOUR PACE

Running Record Sheet

February 2019



Student: Class:

Date	Run	Distance in miles	Signed by an adult
Total:			

February 2019 Calendar

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
					1	2	3	
1	4 XC Training in School	5 XC Training in School	6 XC Training in School	7 XC Training in School	8	9	10	
2	11 XC Training in School	12 XC Training in School	13 XC Training in School	14 XC Training in School	15	16	17	
3	18	19	20	21	22	23	24	
	Half Term Week							
4	25 XC Training in School	26 XC Training in School	27 XC Training in School	28 XC Training in School				